



# ELECTROLYTES

OPTIMAL HYDRATION FORMULA

## SUPPLEMENT FACTS

Serving Size: Two (2) Capsules. Servings Per Container: 50

	Amount Per Serving	%DV*
Vitamin D3 (Cholecalciferol)	220 IU	56%
Vitamin B-6 (as Pyridoxine Alpha-Ketoglutarate)	2 mg	100%
Calcium (as Calcium Citrate, Calcium Aspartate, Calcium Succinate, Calcium Malate, Calcium Fumarate, Calcium Alpha-Ketoglutarate)	25.2 mg	3%
Phosphorus (from 80 mg Trisodium Phosphate)	15 mg	1%
Magnesium (as Magnesium Citrate, Magnesium Aspartate, Magnesium Succinate, Magnesium Malate, Magnesium Fumarate, Magnesium Alpha-Ketoglutarate)	12 mg	3%
Zinc (as Zinc Methionine)	1 mg	7%
Selenium (as Selenomethionine)	10 mcg	14%
<b>Sodium</b> (as Sodium Chloride 750 mg) (as Tri Sodium Phosphate 80 mg)	<b>330 mg</b>	<b>13%</b>
Potassium (as Potassium Citrate, Potassium Aspartate, Potassium Succinate, Potassium Malate, Potassium Fumarate, Potassium Alpha-Ketoglutarate)	85.2 mg	2%
R-Lipoic Acid (as Sodium R-Lipoate)	20 mg	†
Black Pepper Extract (Bioperine® [Sabinsa])	5 mg	†
Licorice Extract (Deglycyrrhizinated) (root)	2 mg	†
Ginger Standardized Extract (5% Gingerols) (root)	1 mg	†
Peppermint Oil Powder	1 mg	†

† Daily values not established.

**OTHER INGREDIENTS:** Hydroxypropyl Methylcellulose (Vegetarian Capsule Shell), Silicon Dioxide, Vegetable Magnesium Stearate, Microcrystalline Cellulose.

**CONTAINS NO ADDED SUGAR, STARCH, WHEAT, YEAST, PRESERVATIVES, ARTIFICIAL COLOR OR FLAVOR.**

Manufactured at a FDA Inspected Facility, with a superior rating by an independent auditing body AIB. Our manufacturing follows the strictest of Good Manufacturing Procedures (GMP) and Standard Operating Procedures (SOP). The product is safe and legal for use in any sporting event governed by the WADA, the USADA, the IOC, and the UCI, among others.

Manufactured in the USA for  
**RYNO POWER, INC**  
 P.O. Box 23611, San Diego, CA 92193  
 info@rynopower.com | 1.800.771.0131



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# ENDURANCE

UNLEASH POWER, STRENGTH & ENDURANCE

## SUPPLEMENT FACTS

Serving Size: Five (5) Capsules. Servings Per Container: 30

	Amount Per Serving	%DV
Thiamine (Vitamin B1)	600 mcg	40%
Riboflavin (Vitamin B2)	800 mcg	47%
Niacinamide (Vitamin B3)	8 mg	40%
Vitamin B6 (as Pyridoxal-5'-Phosphate)	600 mcg	30%
Biotin	200 mcg	67%
Pantothenic Acid (Vitamin B5 as Calcium D-pantothenate)	4 mg	40%
Magnesium (from 200 mg Magnesium Phosphate Dibasic)	50 mg	12%
Chromium (as Chromium Chelate)	400 mcg	333%
Sodium (from 800 mg Sodium Phosphate Dibasic)	259 mg	11%
Potassium (from 200 mg Potassium Bicarbonate)	78 mg	2%
L-Arginine Keto-Isocaproate	400 mg	†
L-Ornithine Alpha-Ketoglutarate	200 mg	†
L-Glycine	80 mg	†
L-Carnosine	30 mg	†
N, N-Dimethylglycine HCl	50 mg	†
Betaine Anhydrous	120 mg	†
Vanadium (as Vanadium Citrate)	800 mcg	†
Cordyceps CS-4 (Cordyceps Sinensis) (mycelia biomass) minimum 7% cordycepic acid	600 mg	†
Rhodiola Extract Rhodiola Rosea (root) minimum 5% Rosavins	200 mg	†
Beta-Alanine (Carnosyn®)	500 mg	†
Citrulline Malate	250 mg	†
Coenzyme Q10	50 mg	†
R-Lipoic Acid (as Sodium R-lipoate)	25 mg	†
Black Pepper Extract (Bioperine® [Sabinsa])	5 mg	†

† Daily values not established.

**OTHER INGREDIENTS:** Gelatin (capsule), Magnesium Stearate, Silicon Dioxide-Zeofree  
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# MOTIVATION

MENTAL ENERGY FORMULA

## SUPPLEMENT FACTS

Serving Size: Two (2) Capsules. Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin C (as Calcium Ascorbate)	166 mg	277%
Vitamin B-6 (as Pyridoxal-5'- Phosphate)	4 mg	200%
Pantothenic Acid (from d-calcium pantothenate)	60 mg	600%
Guarana Seed Extract (standardized to 50% caffeine)	320 mg	†
L-Tyrosine	334 mg	†
L-Taurine	200 mg	†
DMAE Bitartrate (2-dimethylaminoethanol bitartrate)	66 mg	†
Ginkgo Biloba Leaves Extract (standardized for 24% flavanoid glycosides)	40 mg	†
Vinpocetine (Purified from Vinca Minor, Dwarf Periwinkle Plant)	10 mg	†
Inositol	108 mg	†
Glucuronolactone	108 mg	†
Black Pepper Extract (Bioperine® [Sabinsal])	5 mg	†

† Daily values not established.

**OTHER INGREDIENTS:** Gelatin (capsule), magnesium stearate, silicon dioxide-zeofree

**NO ADDED SUGARS, SALT, PRESERVATIVES OR TABLET BINDERS OR COATINGS.**

Each specially formulated MOTIVATION capsule contains only the finest ingredients with stringent quality control assuring correct potencies and outstanding product freshness.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL DRY PLACE.**

Note: Contains caffeine from Guarana seed extract and should not be taken by those wishing to eliminate caffeine from their diet.

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# RECOVERY

REPAIR ★ REBUILD ★ RECOVER

SUPPLEMENT FACTS	
Serving size: SIX (6) capsules	
Servings per container: 50	
Amount per Serving (6 capsules)	% DV
L-Leucine [EAA (BCAA)]	875 mg †
L-Isoleucine [EAA (BCAA)]	400 mg †
L-Valine [EAA (BCAA)]	400 mg †
L-Histidine (EAA)	250 mg †
L-Lysine (EAA)	400 mg †
L-Methionine (EAA)	100 mg †
L-Phenylalanine (EAA)	380 mg †
L-Threonine (EAA)	425 mg †
L-Tryptophan (EAA)	200 mg †
Glutamine alpha-Ketoglutarate (G-AKG)	500 mg †
Ornithine alpha-Ketoglutarate (O-AKG)	400 mg †
Arginine alpha-Ketoglutarate (A-AKG)	250 mg †
Arginine-Ketoisocaproate (A-KIC)	250 mg †
AstraGin™	48 mg †

† Daily Values not established • EAA = Essential Amino Acid

**Other Ingredients:** Cellulose, Magnesium Stearate, Silicon Dioxide-Zeofree

**100% instantized Amino Acids**  
 All Essential Amino Acids/BCAAs AKG of Glutamine, Arginine + Arginine KIC

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# CARBO-FUEL

IMMEDIATE AND SUSTAINED ENERGY!

## NUTRITION FACTS

Serving Size: 2 Scoops = 2 oz. (56.7 g)

Servings Per Container: 24

### Amount Per Serving

Calories 224

Calories from Fat 0

		% Daily Value*
<b>Total Fat</b>	0g	0%
Saturated Fat	0g	0%
<b>Cholesterol</b>	0g	0%
<b>Sodium</b>	0mg	0%
<b>Potassium</b>	0mg	0%
<b>Total Carbohydrate</b>	56.7g	19%
Dietary Fiber	0g	0%
Sugars	0g	
<b>Protein</b>	0g	0%

\* Percent Daily Values are based on a 2,000 calorie diet.

**100% PURE. NO ADDITIVES. NO PRESERVATIVES. NO COLORING**

**INGREDIENTS:** Pure glucose polymers extracted from food grains. Contains no preservatives, color dairy, gluten, soya, sweeteners or yeast.

**WARNING:** Diabetics may use only under a physician's supervision.

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**PROTEIN** [ FRENCH VANILLA ]  
 PREMIUM PROTEIN POWDER

**Supplement Facts**

Serving Size 2 Scoops (50 g)  
 Servings Per Container 24

<b>Calories</b> 204	Calories from Fat 20	
Amount Per Serving		%DV*
<b>Total Fat</b>	2 g	3%
Saturated Fat	0 g	
Trans Fat	0 g	
<b>Cholesterol</b>	0 g	0%
<b>Sodium</b>	190 mg	8%
<b>Total Carbohydrates</b>	10 g	3%
Dietary Fiber	0 g	0%
Sugars	5 g	
<b>Protein</b>	<b>34 g</b>	<b>68%</b>
	%DV	%DV
Vitamin A	1250 IU 25%	Folic Acid 100 mcg 25%
Vitamin C	25 mg 42%	Pantothenic Acid 4 mg 40%
Thiamin	1 mg 40%	Calcium 340 mg 34%
Riboflavin	1 mg 60%	Phosphorus 150 mg 15%
Niacin	4 mg 20%	Magnesium 110 mg 25%
Vitamin B6	0.5 mg 25%	Potassium 250 mg 7%

+ Daily value not established  
 \* Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** SportPro® (Proprietary protein blend of micro-filtered and ion-exchange whey protein isolate and concentrate, whey peptides, milk protein isolate, micellar casein, calcium caseinate, egg white protein isolate), L-Glutamine, Ornithine Alpha-Ketoglutarate, L-Leucine, L-Valine, L-Isoleucine, Arginine Keto-Isocaproate, Taurine, L-Histidine, Octacosanol, Coenzyme Q-10, D-Ribose, Quercetin, Curcumin, Stevia, Inositol, Choline bitartrate, Vanadyl sulfate, Phosphatidylserine, Folic acid, Sodium lactate, Potassium succinate, natural and artificial flavoring. Contains naturally occurring source of Tryptophan, it is not added.

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**PROTEIN's Amino Acid Profile**

Branched Chain Amino Acids (BCAAs)		Conditionally Essential Amino Acids	
Isoleucine	5667 mg	Arginine	2667 mg
Leucine	12330 mg	Histidine	1683 mg
Valine	5000 mg	Non-Essential Amino Acids	
Total BCAAs	22997 mg	Alanine	5000 mg
		Aspartic Acid	11227 mg
Essential Amino Acids (EAAs)		Cysteine	2000 mg
Lysine	9667 mg	Glutamic Acid + Glutamine	17367 mg
Threonine	6000 mg	Glycine	1683 mg
Methionine	2016 mg	Proline	4683 mg
Phenylalanine	3667 mg	Serine	4000 mg
Tryptophan	2000 mg	Tyrosine	3343 mg
<b>Total EAAs + Total BCAAs</b>	<b>46347 mg</b>	<b>TOTAL all Amino Acids</b>	<b>53653 mg</b>

**WARNING: KEEP OUT OF THE REACH OF CHILDREN**

**ALLERGY WARNING: CONTAINS MILK AND EGG PRODUCTS**

**STORAGE INSTRUCTIONS:** This product is packed by weight and not volume. Some settling may have occurred during transportation. Store at a controlled room temperature of 15-30°C/59°-86°F. Protect from heat, light and moisture.



**PROTEIN** [ SWISS CHOCOLATE ]  
**PREMIUM PROTEIN POWDER**

**Supplement Facts**

Serving Size 2 Scoops (50 g)  
 Servings Per Container 24

<b>Calories 204</b>		<b>Calories from Fat 20</b>	
Amount Per Serving		%DV*	
<b>Total Fat</b>	2 g	3%	
Saturated Fat	0 g		
Trans Fat	0 g		
<b>Cholesterol</b>	0 g	0%	
<b>Sodium</b>	190 mg	8%	
<b>Total Carbohydrates</b>	10 g	3%	
Dietary Fiber	0 g	0%	
Sugars	5 g		
<b>Protein</b>	<b>34 g</b>	<b>68%</b>	
	%DV		%DV
Vitamin A	1250 IU 25%	Folic Acid	100 mcg 25%
Vitamin C	25 mg 42%	Pantothenic Acid	4 mg 40%
Thiamin	1 mg 40%	Calcium	340 mg 34%
Riboflavin	1 mg 60%	Phosphorus	150 mg 15%
Niacin	4 mg 20%	Magnesium	110 mg 25%
Vitamin B6	0.5 mg 25%	Potassium	250 mg 7%

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